

**THE UNIVERSITY OF MANCHESTER**  
**PARTICULARS OF APPOINTMENT**  
**FACULTY OF BIOLOGY, MEDICINE & HEALTH**  
**SCHOOL OF HEALTH SCIENCES**  
**PSYCHOLOGY AND MENTAL HEALTH**  
**CLINICAL RESEARCH FELLOWSHIP IN CHILD AND ADOLESCENT**  
**MENTAL HEALTH EATING DISORDERS**  
**VACANCY REF: BNH-024602**

**Salary:** 2016 Junior Doctor Scale, dependant on current training level

**Hours:** 1 FTE

**Duration:** Fixed term for 3 years

**Location:** Oxford Road, Manchester

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**Enquiries about the vacancy, shortlisting and interviews:**

Name: Professor Jonathan Green or Dr Rachel evans

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**BACKGROUND**

We are looking for an ambitious clinical academic in training to fill this prestigious endowed Fellowship in Child and Adolescent Eating Disorders. The appointee will join a strongly collaborative, inter-disciplinary team, in developing an internationally leading programme of translational research in Young People's Eating Disorders. Our ambition is for this Fellowship to propel the appointee into an effective trajectory towards clinical research leadership in this field.

The post-holder will be expected to develop and carry out a programme of research in eating disorders in children and young people aligned to aims of the department under the leadership of Dr Rachel Elvins and Professor Jonathan Green. The remit is intentionally broad, so as to encourage potential clinical science approaches of all kinds in this complex set of conditions; from the biological and neurodevelopmental to psychological and community approaches.

The academic component of the post will be located in the Faculty of Biology, Medicine and Health, Division of Psychology and Mental Health at University of Manchester. The clinical component will be based primarily in the Harrington building, Royal Manchester Children's Hospital.

We welcome applications from clinical researchers with a track record in research in children and young people's mental health; particularly those with an interest in eating disorders. The ideal candidate will have a proven ability or strong potential to lead and develop internationally excellent research activity. Candidates will be expected to demonstrate an effective collaborative work ethos and the potential to achieve independent, peer-reviewed research grant funding in the eating disorder field. Either PhD or post-doctoral opportunities are available.

### **University of Manchester**

The University of Manchester is the largest single-site university in the UK with around 38,000 Students and more than 11,000 staff. **The Faculty of Biology, Medicine and Health** has an integrated structure to deliver a truly translational approach to the life sciences, ensuring smooth research pathways - from pure discovery science through to clinical application and patient care. With a total annual income of over £300 million, and over 3,000 members of staff, the Faculty is comparable in size to a medium-sized UK university. Thirty undergraduate and 90 postgraduate programmes offer our 11,000 students opportunities to develop the skills and knowledge they need for a successful career. The Faculty has established a number of key strategic partnerships that underpin its ambitions to develop ground-breaking research. Working alongside local NHS Trusts, the Faculty is a key member of the Manchester Academic Health Science Centre (MAHSC) – and we also play a leading role in Health Innovation Manchester (HInM), offering a unique opportunity to bring together health and social care, academic and life science related business resources across the region to deliver an innovative health ecosystem. **The Division of Psychology and Mental Health** is one of six Divisions within the School of Health

Sciences and our research includes the investigation of the roles of cognition, interpersonal, family and social environments in mental and physical health conditions, the development of psychological models and theories, and the testing of these models in interventions, often clinical trials. We have particular strengths and interest in research into psychotic disorders, child and adolescent mental health, neurodevelopmental conditions, anxiety disorders, health and functional ('medically unexplained' symptoms). The unifying scientific mission of the mental health team in Manchester is in the understanding, prevention and treatment of mental and co-morbid physical health problems, and the enhancement of health and well-being. We are world leaders in this area and are widely recognised as an international centre of excellence. We comprise over 150 staff, with 11 NIHR Senior Investigators, an NIHR Research Professor, several externally funded fellowships and have funding with all of the major funding bodies, including a NIHR Applied Research Collaboration and a Patient Safety Translational Research Centre, both of which have Mental health themes.

### **Royal Manchester Children's Hospital (Manchester University NHS Foundation Trust)**

As the leading provider of tertiary and specialist healthcare services in Manchester, we treat more than a million patients every year. Our specialist hospitals are home to hundreds of world class clinicians and academic staff committed to finding our patients the best care and treatments.

The **Royal Manchester Children's Hospital** is the largest children's hospital in the UK. The hospital provides children's emergency, secondary and regional tertiary services. The alignment of these secondary and tertiary services provides an impressive facility for children and babies throughout North West England. Local services have been developed to continue provision of secondary services in North Manchester and Salford. There is a comprehensive children's emergency department, housed within the new hospital. This provides the portal of entry to A&E patients and all acute referrals to the secondary and tertiary services. The hospital provides all the following specialist children's services: Gastroenterology, Respiratory Medicine, Rheumatology, Neurology, Nephrology, Cardiology, Clinical Genetics, Endocrinology, Metabolic Medicine, Oncology, Haematology, Paediatric Intensive Care, Burns and Plastics, Orthopaedics and Trauma, Paediatric and Neonatal Surgery, Urology, Spinal

Surgery, and Otolaryngology. Ward 79 at RMCH is home to the **Manchester Children's Clinical Research Facility**, the first specialist clinical research facility for children in the North West and one of only a handful across the UK. A research base within RMCH means researchers have access to all of the hospital's state-of-the-art equipment and resources, so children can take part in our studies alongside ongoing treatment.

**Child and Adolescent Mental Health (CAMHS) Clinical Service Unit at MFT** The CAMHS CSU provides specialist (Tier 3) Child and Adolescent Mental Health Services in five urban localities (North, Central, and South Manchester, Trafford and Salford); an inpatient unit (Galaxy House); a specialist community service for older adolescents ("Emerge"); a Tier 4 specialist outpatient Social Communication Clinic; and liaison mental health for the Royal Manchester Children's Hospital. The directorate also hosts National Deaf CAMHS, a Chronic Fatigue Service and emotional health and wellbeing services for schools. MFT CAMHS overall was awarded "outstanding" status by the CQC for its services in 2019.

**CAMHS Eating Disorder Services** Eating disorder services with the CAMHS CSU are comprised of the community team (serving Manchester, Trafford and Salford) and inpatient facilities at Galaxy House (RMCH). Both teams are well resourced and innovative and have taken part in national clinical projects and research trials. Consultant Psychiatrists within both teams have clinical lead roles in the Greater Manchester collaborative for CYP eating disorders and the Local Provider Collaborative for Tier 4 CAMHS. Members of both teams also sit on the Eating Disorder Faculty at the Royal College of Psychiatrists. Galaxy House is commissioned by NHSE to provide inpatient care for children and young people with complex ED and psychosomatic presentations and is one of only a handful of inpatient units with beds specifically for children (under 13) in the UK. Due to our co-location with a tertiary paediatric hospital, we can care for young people with both complex physical and mental health difficulties. Working within these teams will provide the post holder with a rich and diverse clinical population and a number of research opportunities with clinical and research leaders in the field. Previous research has included national projects in ARFID, psychopharmacology in ED and innovative technology to assist clinical care in inpatient settings.

### **DETAILS OF THE FELLOWSHIP**

A unique opportunity for an early career clinical academic to join a strong clinical research team within children and young people's eating disorder services. This post is 50/50 split between University-based research and MFT-based clinical work – the clinical work located within the Galaxy House inpatient unit and the Community Eating Disorder team.

The postholder will be strongly encouraged to apply for a PhD, or post-doctoral project funding as appropriate, under the supervision of Professor Green/Dr Elvins. This post provides a unique opportunity to develop a clinical research programme in CYP eating disorders in a national specialist unit. There is the full range of support and facilities for research within the University and Trust, including methodology, statistics, multidisciplinary research colleagues, and basic science at the University; and research nursing, advanced clinical imaging, neurophysiology and laboratory medicine within the Children's Clinical Research Facility at RMCH. Doctoral candidates will join the large Doctoral Academy in the University, dedicated to the best and most successful Doctoral experience.

### **Key Academic Duties**

- Develop research objectives, projects and proposals.
- Conduct individual and / or collaborative research projects (take lead responsibility for a research project and / or identified parts of a large project).
- Identify sources of funding and contribute to the process of securing funds.
- Extend, transform and apply knowledge acquired from scholarship to research and appropriate external activities.

- Write or contribute to publications or disseminate research findings using other appropriate media.
- Make presentations at conferences or exhibit work in other appropriate events.
- Routinely communicate complex and conceptual ideas to those with limited knowledge and understanding as well as to peers using high level skills and a range of media.
- Collaborate actively within and outwith the University to complete research projects and advance thinking.
- Participate in and develop external networks, for example to identify sources of funding, generate income, obtain consultancy projects, or build relationships for future activities.
- Mentor colleagues with less experience and advise on personal development.
- Develop productive working relationships with other members of staff.
- Co-ordinate the work of colleagues to ensure equitable access to resources and facilities.
- Deal with standard problems and help colleagues resolve their concerns about progress in research.
- Assess, interpret and evaluate outcomes of research.
- Develop new concepts and ideas to extend intellectual understanding.
- Resolve problems of meeting research objectives and deadlines.
- Develop ideas for generating income and promoting research area.
- Develop ideas for application of research outcomes.
- In collaboration, decide on research programmes and methodologies.
- Plan, co-ordinate and implement research programmes.
- Manage the use of research resources and ensure that effective use is made of them.
- Balance the pressures of research and administrative demands and competing deadlines.

### **Key Clinical Duties and Responsibilities**

To work as a "middle grade" doctor in the CAMHs CSU (Eating Disorders). You will have the capacity to work effectively with others and will be expected to work in multi-professional teams, supervising junior medical staff and medical students and train CT1-3s as well as undertaking some administrative tasks shared with ST4+ colleagues. You will be expected to show leadership, make decisions, organise and motivate other team members for the benefit of patients through, for example, audit and quality improvement projects. You will be expected to take and give comprehensive handovers to your middle grade colleagues who are working out of hours shifts, providing optimum continuity of patient care.

You will be expected to complete assessments and provide interventions, as indicated, for patients referred to the service, both as routine and emergencies. This may include joint working with the MDT and working individually as well as liaising with partner agencies. You will need to be a competent communicator both verbally and through written communication with relevant agencies and professionals as well as with families and young people.

Your experience of assessment and management of eating disorders within an inpatient unit and in community settings will be strengthened and consolidated. You will be supervised by the named consultant in the department. You will be expected to supervise and be responsible for helping MDT staff and CT2/3 doctors in interpretation, follow up and signing of results of investigations carried out on patients. You will also be responsible for ensuring that all correspondence is completed promptly and accurately and will receive supervision as needed for this. Other responsibilities will include assisting in

- Attending team Meetings
- Attending risk management and audit meetings
- Undertaking audit

Whilst this post is not recognised for clinical training, depending on the expectations of the appointee, we will endeavour to meet your training needs. We will encourage the appointee to attend all teaching programmes within the department. Individual doctors should discuss their training needs with the supervising Consultant.

Medical Staff may be asked to perform additional duties in occasional emergencies and unforeseen circumstances at the request of the appropriate consultant, in consultation where practicable with colleagues both senior and junior.

### Educational Opportunities

The post holder may attend the monthly academic training provided for St4-6 in Child and Adolescent Psychiatry held in the Central Manchester Hospital site on the first working Monday of the month.

### Teaching Seminars

You will be expected to teach medical students and CT2/3s within the CAMHS department, much of this teaching will be ad hoc. You will occasionally be expected to contribute to the formal postgraduate teaching and you may also be asked to contribute to educating the MDT.

### On-call

The post-holder will participate on the first on-call CAMHS Manchester wide rota (Central/Inpatient/East component) ST full shift rota 1:8 frequency with prospective cover.

Banding supplements may be altered in the light of changes in working patterns in order to make posts compliant with the New Deal. Any changes in pay bands will be undertaken in accordance with the Terms and Conditions of service sub-paragraph 22m. Confirmation of the banding allocated to successful candidates will be confirmed upon commencement.

## PERSON SPECIFICATION

| Requirements                                                                 | Method of assessment |                             |
|------------------------------------------------------------------------------|----------------------|-----------------------------|
| <b>Qualifications &amp; Training</b>                                         |                      |                             |
| Holds acceptable primary medical qualification                               | Essential            | Application and Certificate |
| At least 3 years of experience working at CT level in Psychiatry.            | Essential            | Application                 |
| MRCPsych or equivalent                                                       | Desirable            | Application                 |
| Section 12 Approval under Mental Health Act 183 or be eligible for approval. | Desirable            | Application                 |
| Experience in the use of Mental Health Act (1983), as amended                | Desirable            | Application                 |
| <b>Audit</b>                                                                 |                      |                             |
| Experience of Audit                                                          | Essential            | Application & Interview     |
| <b>Academic Achievements</b>                                                 |                      |                             |
| Distinctions or Prizes during undergraduate training                         | Desirable            | Application & Interview     |
| Strong journal publication record                                            | Essential            | Application                 |

|                                                                                      |           |                           |
|--------------------------------------------------------------------------------------|-----------|---------------------------|
| The ability to evaluate complex data                                                 | Essential | Application and Interview |
| Ability to present in both written and oral publications                             | Essential | Application and Interview |
| Understand equal opportunity issues as they may impact on areas of research content. | Essential | Interview                 |
| Willingness to learn and develop                                                     | Essential | Interview                 |
| Flexible approach to dealing with research problems as they arise                    | Essential | Interview                 |
| <b>Interpersonal Skills</b>                                                          |           |                           |
| Organisational and time management Skills                                            | Essential | Interview                 |
| Communication Skills                                                                 | Essential | Interview                 |
| Team working Skills                                                                  | Essential | Interview                 |
| <b>Other Requirements</b>                                                            |           |                           |
| Full registration with the General Medical Council and Licensed to practice          | Essential | Application & Certificate |
| Ability to commute easily between bases (e.g. car driver)                            | Essential | Application               |